



Circle R Ranch Outdoor Education Center



Fall 2011

Circle R has been providing quality outdoor education and recreation programs for children, youth and adults for over 40 years. Operating year round, our education programs closely relate to the Ontario Curriculum; contributing to your Character Development needs.

Our mandate is to provide quality 'hands on' learning experiences in a safe environment for students from JK to grade 12. Over 4000 students from 6 different boards use our centre each year as a learning facility. The result of a visit to Circle R can truly be both a memorable and lasting experience for the individual and the group.

Initiative Tasks

Perseverance, Respect,
Responsibility, Caring,
Acceptance

**HEALTH &
PHYSICAL
EDUCATION**

**Grades
4-12**

This program is designed to enhance students' social skills and confidence levels while participating in group functions. The mentally and physically challenging tasks (low ropes course) provide a fun and safe forum for the development of group cohesion. Areas of focus include: organization, trust, communication, respect, perseverance, and cooperation.

Please note: group leaders (teachers, supervisors, parent volunteers are needed to help facilitate this program



Life Systems Games

Respect, Honesty, Empathy,
Perseverance

**LIFE SYSTEMS;
HEALTH & PHYSICAL
EDUCATION**

**Grades
4 - 12**

Survival (Grade 6 - 12) : A predator-prey based game which examines food chains, hunting, and conservation. Students assume the roles of Herbivores, Omnivores and Carnivores in this physically active game. The effects of disease and natural elements also play an important role in the outcome of the game.

Cycles (Grade 4 - 5): This game explores the flow of nutrients in the food chain and of the interdependency between producers, consumers and decomposers. The effect of Man on this cycle and a basic introduction to the four elements of life are also covered in this physically active game.



Orienteering and Map Reading

Integrity, Perseverance, Honesty,
Acceptance

**HEALTH & PHYSICAL
EDUCATION**

**Grades
4-12**



Orienteering develops navigational and map reading skills, provides problem solving challenges, and enhances physical fitness and self-esteem. This program introduces the basics of orienteering, emphasizes map reading skills (scale, distance, direction, elevation, land formations) and concludes with a timed orienteering event.

Programs for Primary and Juniors

From Sheep to Mittens

Grades SK, 1 - 4

Acceptance, Responsibility, Empathy

SCIENCE & TECHNOLOGY / VISUAL ARTS / LIFE SYSTEMS

Students will see and take part in the exciting process of how yarn is made from raw wool. Students will actively discuss what it means to care for these animals and our responsibility to them. Areas of focus will include: carding, spinning on a hand spindle and spinning wheel, dyeing, knitting and weaving. Students will use a “spinning tool” to spin their own piece of yarn to take home. This is a great compliment to our Farm Animal Program.



Owl Prowl

Grades JK/SK, 1-4

Caring, Integrity, Acceptance, Responsibility

LIFE SYSTEMS / HEALTH & PHYSICAL EDUCATION



This active, outdoor activity uses a “hands-on” learning approach to help students understand these birds of prey and their specific habits. The program involves a discussion on predator-prey relationships, habitats, food, reproduction, hunting, environmental influences and our role in their survival. The students then play a simulation game where they assume the role of an owl living in the wilds. They must search for food, water and shelter while avoiding natural and human elements.

Farm Animal Program

Grades JK/SK, 1-3

Empathy, Caring, Acceptance, Responsibility

LIFE SYSTEMS / SCIENCE & TECHNOLOGY

This “hands-on”, informative, interactive program is divided into 3 major components: the farm animal tour-sheep, pigs, goats, ducks, chickens; a tractor-drawn hayride, and pony rides. Large classes will be split into smaller groups and will rotate through the 3 program areas. Adult accompaniment is most welcome and necessary to support the children when riding the ponies.



Signs of Fall (Signs of Spring)

Grades JK/SK, 1-4

Caring, Integrity, Respect, Acceptance, Responsibility

This program takes place in our beautiful Carolinian forest. Students are exposed to numerous trees, plants and animals to experience, explore and learn about. The students will learn how animals and plants adapt to the season by a guided walk through the forest, meadows and wetlands. Hands-on activities and a tractor driven hayride create an excellent compliment for student learning in these programs. Our staff will work directly with you to create a program that meets your specific requirements or highlights specific topics. Enhance a classroom unit this fall by visiting Circle R Ranch during the specific season.

Programs for Everyone

Western Horseback Riding Grades 4-12

Respect, Responsibility, Caring, Empathy
HEALTH & PHYSICAL EDUCATION

This unique program develops self-confidence, balance, co-ordination, strength, respect, empathy and responsibility. Students receive a lesson covering horsemanship basics: horse control, signals to communicate to their horse, proper western riding position, safety on the trail and understanding horse language. They are assigned a horse best suited to their age and riding ability and are provided with a certified riding helmet that meets provincial safety standards. Guided by qualified instructors, students experience a pleasure trail ride on our beautiful trail system. Hard-soled boots or shoes with a 2-4 cm. heel and long pants are required at-tire.



Archery or Canoeing

Responsibility,
Respect, Perseverance
**HEALTH & PHYSICAL
EDUCATION**

**Grades
4-12**

Archery: Students are taught the basic skills of target archery on an outdoor range while discussing responsibility, respect and perseverance. Skills covered include: stance, nocking, draw and release, aiming, parts of the bow and arrow, equipment care and safety.

Canoeing: Basic strokes, canoe safety and skills are taught on a small pond. P.F.D.'s are required and supplied to all participants.



Games Festival Grades 1-12

Acceptance, Caring, Perseverance, Integrity
HEALTH & PHYSICAL EDUCATION

This "festival" format includes games that are active, and many that stress co-operation within the group and de-emphasize competition. These fast-paced games allow participants to be active with a minimal amount of personal risk.



L.E.A.D. Program

Leadership Education for Adolescent Development

Recommended Grades: 6 - 8 Note: available in October only

Perseverance, Respect, Responsibility, Caring, Acceptance

LEAD is a full-day program (4.5 hours)

LEAD provides students with an opportunity to learn and practice leadership skills in an environment which inspires them to succeed. The program uses an experiential approach which engages students in safe, yet challenging activities

that give ample opportunity to plan, practice, evaluate and immediately implement leadership skills.

The students will be active developers of a 'Full Value Contract' for the classroom.



2011 Fall Program Fees

Core Programs - 1.5 hours in length; fees are per student.



From Sheep to Mittens	One program	\$10.00
Owl Prowl		
Archery	Two programs	\$18.00
Canoeing		
Initiative Tasks	Three programs	\$25.00
Games Festival		
Orienteering		
Survival		
Cycles	All prices include 13% HST	



Farm Animal Program

Fee per student	\$11.00
Combine with one core program	\$19.50

L.E.A.D.

Leadership Education for Adolescent Development

\$25 per student

This is a Full day program, offered in the fall season

Western Horseback Riding

Fee per student	\$25.00
Combine with one core program	\$32.50
With two core programs	\$40.00

How to Book Programs at Circle R

Please contact us by telephone at (519) 471-3799. Our staff would be pleased to assist you in booking a program best suited to your needs. Please note that some of the programs offered by Circle R are deemed high risk activities and may require at least 30 days advance approval by area superintendents. *Please note that there is a \$100 minimum fee required for all school programs.*

Lunch

Bag lunches are strongly suggested to maximize activity time. Classes may use special areas with picnic tables and open fire pits or BBQ's for cookouts.

Proper Clothing is Important

The out-of-doors is an enjoyable place to learn if you are adequately prepared. Proper dress is extremely important. Participants should be advised that they will be outdoors and should be dressed for the weather. Dressing in layers ensures they will be able to adjust to weather and activity changes. On occasion they will need to bring extra clothing or footwear to be comfortable.

Cancellation

We are prepared to operate our programs during most weather conditions. We understand there are circumstances that may prevent you from attending on the dates you have chosen and we will do everything possible to reschedule your program to an alternate date.

Payment

For your convenience you can be invoiced. You may also pay the day of their program by Visa, Mastercard, cheque or cash.



Circle R Ranch is located 8 km west of London, Ontario.
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