

LAP Schedule SAMPLE DRAFT 2019 (Weeks 1 & 2)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	7-Jul	8-Jul	9-Jul	10-Jul	11-Jul	12-Jul	13-Jul	14-Jul	15-Jul	16-Jul	17-Jul	18-Jul	19-Jul	20-Jul
7:00-7:30	Farm/Showers	Farm/Showers	Farm/Showers	Farm/Showers	Farm/Showers	Farm/Showers	Farm/Showers	Farm/Showers	Farm/Showers	Farm/Showers	Farm/Showers	Farm/Showers	Farm/Showers	Farm/Showers
7:30-8:00	Feed/Showers	Feed/Showers	Farm Overview	Feed/Showers	Feed/Showers	Feed/Showers	Feed/Showers	Feed/Showers	LAPS FEED	Feed/Showers	Feed/Showers	Feed/Showers	Feed/Showers	Feed/Showers
7:50 - 8:20	Feeding, etc.		Feeding, etc.	Feeding, etc.	Feeding, etc.	Feeding, etc.	Feeding, etc.	Feeding, etc.	Sleep In, 9:30 Breakfast :)	S & C Feed, LAPS Return	Feeding, etc.	Feeding, etc.	Feeding, etc.	Feeding, etc.
8:30	BREAKFAST							BREAKFAST						
Period 1 9:25 - 10:25		Leadership Overview	Life Stories and Active Listening: Passions/Empathy	Personality Types	Motivations, Psasions, & Goals	Biking	Special Day Prep	10:30 @ Reflections	Unpack & Clean up	Shadow Day	Living Centre	Mental Health and Wellness	Set up Trip Tents & Group Gear	Get Ready for Changeover and Depart at 10:30
Period 2 10:30-11:30								Debrief Duets				Trip Packing		
11:30-12:15	Free Time	Earth Names	Free Swim/Choice	Free Swim/Choice	Duets Chat (Pairs)	Free Swim/Choice	Free Swin/Choice	Duets Prep	Talk about Trip Food			Free Swim/Choice	Free Swim/Choice	
12:20	LUNCH				Cookout	LUNCH		Picnic	LUNCH					
1:20 - 2:20	Rest Period	Rest Period	Rest Period	Rest Period	Rest Period	Rest Period	Reflections Prep	Rest Period	Rest Period			Packing Lists	Rest Period	
Period 3 2:30 - 3:30		Arrival 3:00-3:30	Get to Know Each Other!	Team Building & Name Games	Ranch Land Appreciation Adventure	Plan Sunday Special Day	Communication	Coffee House Prep	Special Day	Initiation Planning	Trip Prep	Relaxation		
Period 4 3:35 - 4:35									Prep for Shadow Day					
4:45-5:15	Free Time/ Farm	Name Games	Free Time/Farm	Free Time/Farm	Free Time/Farm	Practice Fire Building	Practice Setting Up Tarps	LAPS FEED	Duets Leave	Free Time/Farm	Free Time/Farm	Free Time/Farm	Free Time/Farm	Free Time/Farm
5:30	DINNER		Firedrill	DINNER							DINNER 5:45		DINNER 5:45	
Period 5 6:35 - 7:35	Health Chats	Riding	Riding	Riding	Know Your Counsellor	Banquet Dinner & Virginia Reel	Final Coffee House Prep	Prep Time for Directors	Riding	Riding til 8	Riding	Theme Night & Virginia Reel	Banquet Thank-yous, etc.	
Evening Program 7:45	Stones	Credos	Win, Lose, Draw				Coffee House	Visit Duets		Final Inspiration Prep				
Nighttime Program 8:30	Campfire	Campfire	Campfire	Area Campfires	Campfire	Campfire		DUETS	Campfire	Recharge		Campfire	Final Campfire	
Late Night Program 9:30	What is LAPs? Expectations		Earth Name Ceremony						Confirm w/ Shadow Casters	Senior Inspiration				

LAP Schedule SAMPLE DRAFT 2019 (Weeks 3 & 4)

		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		21-Jul	22-Jul	23-Jul	24-Jul	25-Jul	26-Jul	27-Jul	28-Jul	29-Jul	30-Jul	31-Jul	1-Aug	2-Aug	3-Aug
7:00-7:30	Farm/Showers		Farm/Showers	All LAPS Shower	NO FARM	NO FARM	Farm/Showers	Farm/Showers	Farm/Showers	Farm/Showers	Farm/Showers	Farm/Showers	Farm/Showers	Farm/Showers	Farm/Showers
7:30-8:00	Feed/Showers		Feed/Showers	Sandwiches			Feed/Showers	Feed/Showers	LAPS FEED	Feed/Showers	Feed/Showers	Feed/Showers	Feed/Showers	Feed/Showers	Feed/Showers
7:50 - 8:20	Feeding, etc.		LAPS FEED	8:00am Breakfast			Air Out Tents	Feeding, etc.	Sleep In, 9:30 Breakfast :)	Feeding, etc	Feeding, etc.	Feeding, etc	Feeding, etc.	Feeding, etc.	Feeding, etc.
8:30	BREAKFAST		BREAKFAST				BREAKFAST			BREAKFAST					
Period 1 9:30 - 10:20			Cross the Line: Values and Empathy				Trust	Garden Fun	10:30 @ Reflections	Anti-Bullying and Self-Compassion	Biking and Backpocket Games	LAP Project	LAP Project	Appreciation Rocks	
Period 2 10:30 - 11:20														Reflection Letters	
11:30-12:15	Free Swim/Choice	Return from Changeover 3:00-3:30	Free Swim/Choice				Free Swim/Choice	Free Swim/Choice		Free Swim/Choice	Plan Senior Initiation	Free Swim/Choice	Sweater Design	LAP Project	
12:20	LUNCH		LUNCH				LUNCH		12:45 Picnic	LUNCH		LUNCH			
1:30 - 2:20	Rest Period		Packing Piles				Rest Period	Rest Period		Rest Period	Rest Period	Rest Period	Rest Period	PACK!!	
Period 3 2:30 - 3:20			Personal Gear Packing				Plan: LAP Project, Sweaters & Special Day	Variety Show & Special Day Prep	SPECIAL DAY	Ethics, Values & Morals	Leadership Tips, Group Dynamics & Types of Campers	LAP Project	Treeclimbing	Top Secret Last Day of LAPS Fun and Excitement	See you next year!!!!
Period 4 3:30 - 4:20			Packing into Bags				Boating								Pick up at 10:30
4:30	Free Swim/Showers	Free Time/Farm	Free Time/Farm				Free Time/ Farm	Free Time/ Farm	Free Time/Farm	Free Time/Farm	Free Time/Farm	Free Time/Farm	LAP Project	Free Time/Farm	Site tours until 12
5:20	DINNER						DINNER		DINNER				DINNER 5:45	DINNER 5:45	
Period 5 6:45 - 7:45		Archery	Trip Prep				Back from Trip	Know Your Counsellor	Variety Show	Riding	Riding	Riding	Riding	Theme Dinner!	Banquet
Evening Program		Stones	Credos				Dinner							Virginia Reel	
Nighttime Program		Campfire	Campfire				Unpack, Clean Gear	Campfire		Campfire	Campfire	Campfire	Senior Inspiration	Campfire	Final Campfire
		Get van for trip tomorrow!	Bunk Night											Dance Party	Warm Fuzzies and Love and LAPS